



## SWIM TEST FORM

Appointments for swim tests at can be made at Fort Gatlin Recreation Complex

Call ahead: (407) 254-9820

2009 Lake Margaret Drive, Orlando, FL 32806

(there may be a \$2 cash only fee)

Alternatively, you may check with your local YMCA or City of Orlando pools.

Visit <http://www.cityoforlando.net/recreation/pools> for a list of pools.

(YMCA and City of Orlando may charge more – please call ahead for appointments)

### Instructions:

- 1) Write Name of Participant on the Swim Test Form below
- 2) Have a certified Lifeguard/Water Safety Instructor observe athlete and complete the form below
- 3) Return to BRI registrar by scanning and emailing to: registrar@boonerowing.com

Name of Participant/Rower: \_\_\_\_\_

Name of Lifeguard/Water Safety Instructor: \_\_\_\_\_

Name of Pool: \_\_\_\_\_

Phone Number of Pool: \_\_\_\_\_

### Swim Test Certification:

I hereby certify that the participant can **swim 100 yards** in a competent manner and can **float or tread water (or any combination of the two) for at least 10 minutes.**

Signature of Lifeguard/Water Safety Instructor: \_\_\_\_\_

Date of Test: \_\_\_\_\_